

## Assisted Living Program at Madison House



We offer excellent Custom Care and Assisted Living services that are individualized and based on the level of care desired or needed. Care is supervised by our full-time on-site Registered and Licensed Practical nurses.

Care options include medication assistance, bathing/shower assistance, accompaniment to/from meals and activities, dressing and grooming assistance, and a broad variety of other services. Other nursing care available. We are also able to manage diabetic care and offer on-site physical and occupational therapy.

All services are billed at a flat rate and fees are capped. There is not a point system at Madison House.

**Join us for lunch or dinner when you tour Madison House!**

**CALL:  
(425)  
821-8210**

Madison House Retirement and  
Assisted Living Community  
12215 Northeast 128th Street  
Kirkland, Washington 98034  
Tel: (425) 821-8210  
Fax: (425) 821-3745

 **Friend us on Facebook!**



PRST STD  
U.S. Postage  
PAID  
Permit No. 144  
Kirkland, WA

JANUARY ACTIVE LIVING CALENDAR



Madison House Retirement  
and Assisted Living Community  
[www.mhretirement.com](http://www.mhretirement.com)

*Your family and ours.*



## Winter Luau

Put on your Hawaiian shirts and Mumus and join us for a Hawaiian Luau to beat the winter blues.

Hawaiian Music Duo  
Hula Dancers  
Hawaiian Buffett  
Luscious Tropical Dessert Bar

**January 19<sup>th</sup>, 2012**  
11:00 am to 2:00 pm

**RSVP:**  
by January 15th  
425.821.8210  
[scassara@mhretirement.com](mailto:scassara@mhretirement.com)

**Guests \$10 per person**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
<b>1</b> <b>NEW YEAR'S DAY</b> 2:00 Tea Time (F) 2:00 Feature Film: "Water for Elephants" (R) Released in 2011 6:00 Game Night (A) 	<b>2</b> 8:30 & 11:00 Pool Fitness (P) 10:00 Balance and Stability (R) 10:00 Mass (L) 1:30 Calendar Review (A) 3:00 Bridge (G) 3:00 Safeway and Bartells Shopping	<b>3</b> 8:30 & 3:30 Open Swim (P) 10:00 Sit & Fit (R) 10:00 Bible Study (G) 2:00 Scenic Drive* 2:00 Computer Class: Typing Pt 1 (A) 3:30 Giant Crossword (L) 7:15 Poker (G)	<b>4</b> 8:30 & 11:00 Pool Fitness (P) 9:00 Clothing Alterations (L) 9:30 Banking with Key Bank (G) 10:00 Walk Aerobics (R) 11:00 Watercolor Class (A) 1:00 BINGO (A) 3:00 Chef's Hour (R)	<b>5</b> 8:30 & 3:30 Open Swim (P) 10:00 Sit & Fit (R) 10:30 Brain Fitness (A) 1:00 Nordic Heritage Museum* 2:00 Beginner's Pinochle (G) 3:00 Knifty Knitters (A)	<b>6</b> 8:30 & 11:00 Pool Fitness (P) 10:00 Weights & Bands (R) 1:00 NW Fashion Institute Scarves & Accessories (F) 1:30 Scenic Drive* 2:00 Gin Rummy (G) 3:00 Happy Hour (R)	<b>7</b> 10:00 Bowling with Mark (R) 11:00 Current Events (Lobby) 2:00 Hymn Sing Along (R) 2:30 Ladder Ball (G) 4:00 Coffee & Chit Chat with Darcy (F) 7:00 Movie Classic: "Singin' in the Rain" (A)			
<b>8</b> 2:00 Feature Film: "Secretariat" (R) Released in 2010 6:00 Game Night (A)	<b>9</b> 8:30 & 11:00 Pool Fitness (P) 10:00 Balance and Stability (R) 11:30 Out to Lunch Bunch at Rain Forest Café* 3:00 Bridge (G) 3:00 Safeway and Bartells Shopping	<b>10</b> 8:30 & 3:30 Open Swim (P) 10:00 Sit & Fit (R) 10:00 Bible Study (G) 10:45 Book Mobile (F) 2:00 Scenic Drive* 2:00 Resident Council Meeting (L) 3:15 Safety Committee Meeting (A) 6:45 Communion (L) 7:15 Poker (G)	<b>11</b> 8:30 & 11:00 Pool Fitness (P) 9:00 Clothing Alterations (L) 10:00 Walk Aerobics (R) 11:00 Watercolor Class (A) 1:00 BINGO (A) 3:30 Wii Bowling (R) 3:30 Dollar Tree Outing*	<b>12</b> <b>8:00 Men's Breakfast (F)</b> 8:30 & 3:30 Open Swim (P) 10:00 Sit & Fit (R) 10:30 Brain Fitness (A) 2:00 Beginner's Pinochle (G) <b>2:00 Evergreen Healthcare Class: Lifetimes &amp; Traditions (A)</b> 3:00 Knifty Knitters (A)	<b>13</b> 8:30 & 11:00 Pool Fitness (P) 10:00 Weights & Bands (R) 1:30 Scenic Drive* 2:00 Blackjack (G) 3:00 Happy Hour with Double Barrs (R)	<b>14</b> 10:00 Bowling with Mark (R) 11:00 Current Events (Lobby) 2:00 Sing Along with Betty Hu (R) 2:30 Board Games (G) 3:45 Uno (A) 7:00 Movie Classic: "Fort Apache" (A) Released in 1948			
<b>15</b> 2:00 Tea Time (F) 2:00 Feature Film: "You Again" (R) Released in 2010 6:00 Game Night (A)	<b>16</b> <b>MARTIN LUTHER KING, JR DAY</b> 8:30 & 11:00 Pool Fitness (P) 10:00 Balance and Stability (R) <b>1:45 Birthday Party with Mark Tierney (R)</b> 3:00 Bridge (G) 3:00 Safeway and Bartells Shopping	<b>17</b> 8:30 & 3:30 Open Swim (P) 10:00 Sit & Fit (R) 10:00 Bible Study (G) 1:00 Third Place Books Outing* 2:00 Scenic Drive* 3:30 Craft: Hawaiian Skirts (A) 6:45 Communion (L) 7:15 Poker (G)	<b>18</b> 8:30 & 11:00 Pool Fitness (P) 9:00 Clothing Alterations (L) 10:00 Walk Aerobics (R) 11:00 Watercolor Class (A) <b>11:30 New Resident Luncheon (F)</b> 1:00 BINGO (A) 3:00 Chef's Hour (R) 3:30 Craft: Hawaiian Centerpieces (A)	<b>19</b> 8:30 & 3:30 Open Swim (P) 10:00 Sit & Fit (R) 10:30 Brain Fitness (A) <b>11:00—2:00 Hawaiian Luau</b>  1:00 Foot Care Clinic— Sign up with Alyssa 2:00 Beginner's Pinochle (G) 3:00 Knifty Knitters (A)	<b>20</b> 8:30 & 11:00 Pool Fitness (P) 10:00 Weights & Bands (R) 1:30 Scenic Drive* <b>2:00 Fall Prevention Seminar (A)</b> 3:00 Happy Hour (R)	<b>21</b> 10:00 Bowling with Mark (R) 11:00 Current Events (Lobby) 1:00 Open Art Studio (A) 2:00 Hymn Sing Along (R) 2:30 Craft: Chinese Lanterns (A) 4:00 Travelogue: China (A) 7:00 Movie Classic: "Oklahoma" (A) Released in 1955			
<b>22</b> 2:00 Feature Film: "Zookeeper" (R) Released in 2011 2:00 New Hope Church Visits (F) 6:00 Game Night (A)	<b>23</b> <b>CHINESE NEW YEAR</b> 8:30 & 11:00 Pool Fitness (P) 10:00 Balance and Stability (R) 1:30 Recipe Exchange (A) 3:00 Bridge (G) 3:00 Safeway and Bartells Shopping	<b>24</b> 8:30 & 3:30 Open Swim (P) <b>9:00 Day Trip to Skagit Valley to see Eagles*</b> 10:00 Sit & Fit (R) 10:00 Bible Study (G) 10:00 Walk Aerobics (R) 11:00 Watercolor Class (A) 11:00—2:00 Your Clothing Solutions (F) 1:00 BINGO (A) 1:30 Alderwood Mall Shopping* 3:00 All Resident Meeting with Diane (R) 7:30 Evening Musical with Jazz Etc. (R)	<b>25</b> 8:30 & 11:00 Pool Fitness (P) 9:00 Clothing Alterations (L) 10:00 Walk Aerobics (R) 11:00 Watercolor Class (A) 11:00—2:00 Your Clothing Solutions (F) 1:00 BINGO (A) 1:30 Alderwood Mall Shopping* 3:00 All Resident Meeting with Diane (R) 7:30 Evening Musical with Jazz Etc. (R)	<b>26</b> 8:30 & 3:30 Open Swim (P) 10:00 Sit & Fit (R) 10:30 Brain Fitness (A) 1:00 Foot Care Clinic— Sign up with Alyssa 2:00 Beginner's Pinochle (G) 3:00 Knifty Knitters (A) 7:00 Village Theater: "The Odd Couple"*	<b>27</b> 8:30 & 11:00 Pool Fitness (P) 10:00 Weights & Bands (R) 1:30 Scenic Drive* 2:00 Cell Phone & Computer Help (A) 3:00 Happy Hour with Night-n-Day (R)	<b>28</b> 10:00 Bowling with Mark (R) 11:00 Current Events (Lobby) 2:00 Sing Along with Betty Hu (R) 2:30 Skipbo (G) 3:30 Wii Games (R) 7:00 Movie Classic: "Top Gun" (A) Released in 1986			
<b>29</b> 2:00 Tea Time (F) 2:00 Feature Film: "The Help" (R) Released in 2011 6:00 Game Night (A)	<b>30</b> 8:30 & 11:00 Pool Fitness (P) 10:00 Balance and Stability (R) 1:30 Madison House Mocha Bar (F) 3:00 Bridge (G) 3:00 Safeway and Bartells Shopping	<b>31</b> 8:30 & 3:30 Open Swim (P) 10:00 Sit & Fit (R) 10:00 Bible Study (G) 11:15 Bingo Bash (A) 2:00 Scenic Drive* 2:00 Ice Cream Social (F) 3:30 Craft Hour with LeAnna (A) 6:45 Communion (L)	<b>HAPPY BIRTHDAY</b>  <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <i>Keith Bergevin, 1st</i>  <i>Wade Hummel, 12th</i>  <i>Marilyn Fisher, 15th</i>  <i>Rae Howard, 24th</i>  <i>Evelyn Gilhooley, 25th</i> </td> <td style="width: 50%; vertical-align: top;"> <i>Joanne Bates, 8th</i>  <i>Susie Aoyama, 16th</i>  <i>Dick Pearse, 17th</i>  <i>Beth Timmons, 24th</i>  <i>Carole Grah1, 31st</i> </td> </tr> </table>			<i>Keith Bergevin, 1st</i> <i>Wade Hummel, 12th</i> <i>Marilyn Fisher, 15th</i> <i>Rae Howard, 24th</i> <i>Evelyn Gilhooley, 25th</i>	<i>Joanne Bates, 8th</i> <i>Susie Aoyama, 16th</i> <i>Dick Pearse, 17th</i> <i>Beth Timmons, 24th</i> <i>Carole Grah1, 31st</i>		
<i>Keith Bergevin, 1st</i> <i>Wade Hummel, 12th</i> <i>Marilyn Fisher, 15th</i> <i>Rae Howard, 24th</i> <i>Evelyn Gilhooley, 25th</i>	<i>Joanne Bates, 8th</i> <i>Susie Aoyama, 16th</i> <i>Dick Pearse, 17th</i> <i>Beth Timmons, 24th</i> <i>Carole Grah1, 31st</i>								